



Suvi Knaapila

Partner, Head of Employment, Benefits & Pensions

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Service areas

Compliance & Internal Investigations

Employment, Benefits & Pensions

Suvi Knaapila, the head of practice, is known for her highly regarded expertise in the field of employment, benefits and pensions. She advises clients in all their HR-legal matters, specializing also in whistleblowing, internal investigations and HR related dispute resolution.

Suvi Knaapila is a Board Member of the Finnish Bar Association and Helsinki University Alumni Association.

CAREER

2008–present	Dittmar & Indrenius Attorneys Ltd.
2014–2015	Kesko Corporation Group Employment Relations Manager
2007–2008	Catalyst Microfinance Investors Junior Legal Officer

EDUCATION

2008	University of Helsinki LL.M.
2006–2007	University of Utrecht

RANKINGS & RECOGNITIONS

Ranked as Leading Partner, Employment, Legal 500, 2026

Ranked in Band 2, Employment, Chambers Europe, 2026

“Suvi Knaapila stands out for her exceptional responsiveness and calm, business-minded approach. She combines deep legal expertise with a strong understanding of business realities.”

“Suvi possesses very strong knowledge of employment law in Finland and is a pleasure to work with. Her advice is timely, practical and thorough.”

– Chambers Europe 2026, Employment

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“Suvi is knowledgeable and able to converse at all levels of the organisation.”

– Chambers Europe 2026, Employment

“Head of the practice Suvi Knaapila is at the very top in employment law. I would recommend her highly.”

– The Legal 500 EMEA 2024, Employment

“Suvi is highly skilled and quick to reply.”

– Chambers Europe 2026, Employment

“When I work with Suvi I feel that we are a team.”

– The Legal 500 EMEA 2023, Employment

Attorney of the Year 2014 by the Helsinki Bar Association

MEMBERSHIPS & POSITIONS OF TRUST

- Finnish Bar Association, Member of the Board
 - Helsinki University Alumni Association, Member of the Board
 - International Bar Association
 - European Employment Lawyers Association EELA
 - Finnish Labour Law Association
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PUBLICATIONS

Suvi is currently engaged in co-authoring a treatise regarding non-competition and non-solicitation agreements.

SELECTED SPEAKING ENGAGEMENTS

Suvi lectures regularly in professional employment law seminars in Finland.

In addition, Suvi has for years represented Finland in the Annual Ius Laboris Nordic Employment Law Seminars.

LANGUAGES

English

Finnish